

# **2SLGBTAI + KIDS & PARENTS SUPPORT GROUPS**

**O.P.E.N. INVITES  
PARENTS/  
CAREGIVERS &  
THEIR KIDS**

**WHEN: SUNDAY,  
MAY 26, 2024  
TIME: 3-5PM**

**LOCATION: TEXT TARA FOR  
DETAILS AT  
2048803285**

**2SLGBTAI+ KIDS AGE 12 AND  
UNDER  
TO A MONTHLY  
RECREATIONAL/ SUPPORT GROUP  
IN STEINBACH**

**For Kids: Games, arts, crafts, peanut free snacks. We will chat about participants' strengths, what's happening in their lives and explore ways to build resiliency with life challenges they may face. We will play/hangout in the kids' area.**

**For Parents: Coffee, tea, talk about how their kids are doing, ways to cope with challenges, and resource sharing in the coffee room/adult space.**

**THIS WILL BE A SELF-LED GROUP, WITH TARA AS A RESOURCE.**

**COST: FREE, PLEASE RSVP AND INDICATE ANY ALLERGIES.**

**KIDS GROUP: FACILITATED BY TARA SHEPARD-LUANGKHOT, PHD CANDIDATE, TRAINED THERAPIST, DIRECTOR OF O.P.E.N., THE ORGANIZATION FOR PEACE, EQUITY & NONVIOLENCE.**

**TARA IS A MEMBER OF THE 2SLGBTQI+ COMMUNITY. MEMBERS OF ALL GROUPS WILL KEPT CONFIDENTIAL.**

**MORE INFO ABOUT O.P.E.N. INC., AT [WWW.TARASHEPPARD.COM/OPEN](http://WWW.TARASHEPPARD.COM/OPEN)**

**STAY TUNED FOR TEEN/PARENTS GROUP!**