



RAINBOW
RESOURCE
CENTRE

RESPONDING TO DISCLOSURE

VALIDATION

"Thank-you for letting me know and sharing your truth with me."

SUPPORT

Do you have another name or new pronouns?"

CHECK IN

"How does it feel to talk about or for me to acknowledge you?"

CONCERNS

"Does anyone else know? Do you feel safe here? How can I help with that?"

CONNECT

"Are your family / friends supportive? Do you have / need other supports?"